

# GOALS

I, \_\_\_\_\_

plan:

things to do to reach my goal:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

**Check off each completed step.**

# CONTRACT

I,

\_\_\_\_\_

promise to: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

on or before \_\_\_\_\_

If I don't complete this  
work, I understand that

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
signature





